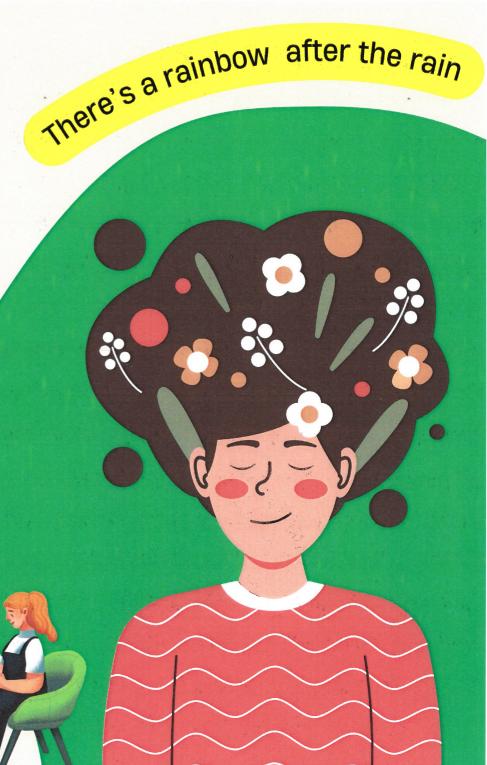
The Guidance Office offers FREE MENTAL HEALTH SERVICES

to support students' well-being, providing confidential counseling and resources for managing stress, anxiety, and other mental health concerns. Connect with a counselor today to begin your journey toward better mental health.

#mentalhealthmatters



You can reach them through their FACEBOOK PAGE @MPSU Guidance & Counseling Unit