

The Sports Facilities

The MPSPC fitness gym offers free access to MPSPC employees and Bontoc community members, aiming to promote fitness and wellness for all. This initiative encourages a healthier lifestyle by providing a fully equipped space where individuals can engage in physical activities, improve their well-being, and build a sense of community. The facility is also utilized by athletes, offering them a dedicated environment to enhance their training, improve performance, and maintain peak physical condition. By removing financial barriers, the gym fosters inclusivity. It supports the overall health of its diverse users, whether they are looking to enhance their fitness routines, manage stress, enjoy the benefits of regular exercise, or prepare for athletic competitions. This blend of community access and specialized use by athletes helps create a dynamic atmosphere that benefits all who use the space.

The MPSPC Multipurpose Activity Hub is a dedicated space open to both MPSPC athletes and community members, offering versatile facilities for a wide range of sports activities. This hub supports combative sports, badminton, ball games, and more, providing an inclusive environment where university and community athletes can train, practice, and play. With a focus on accessibility and community engagement, the MPSPC Multipurpose Activity Hub is available for use upon request, fostering sportsmanship and physical fitness for all.





